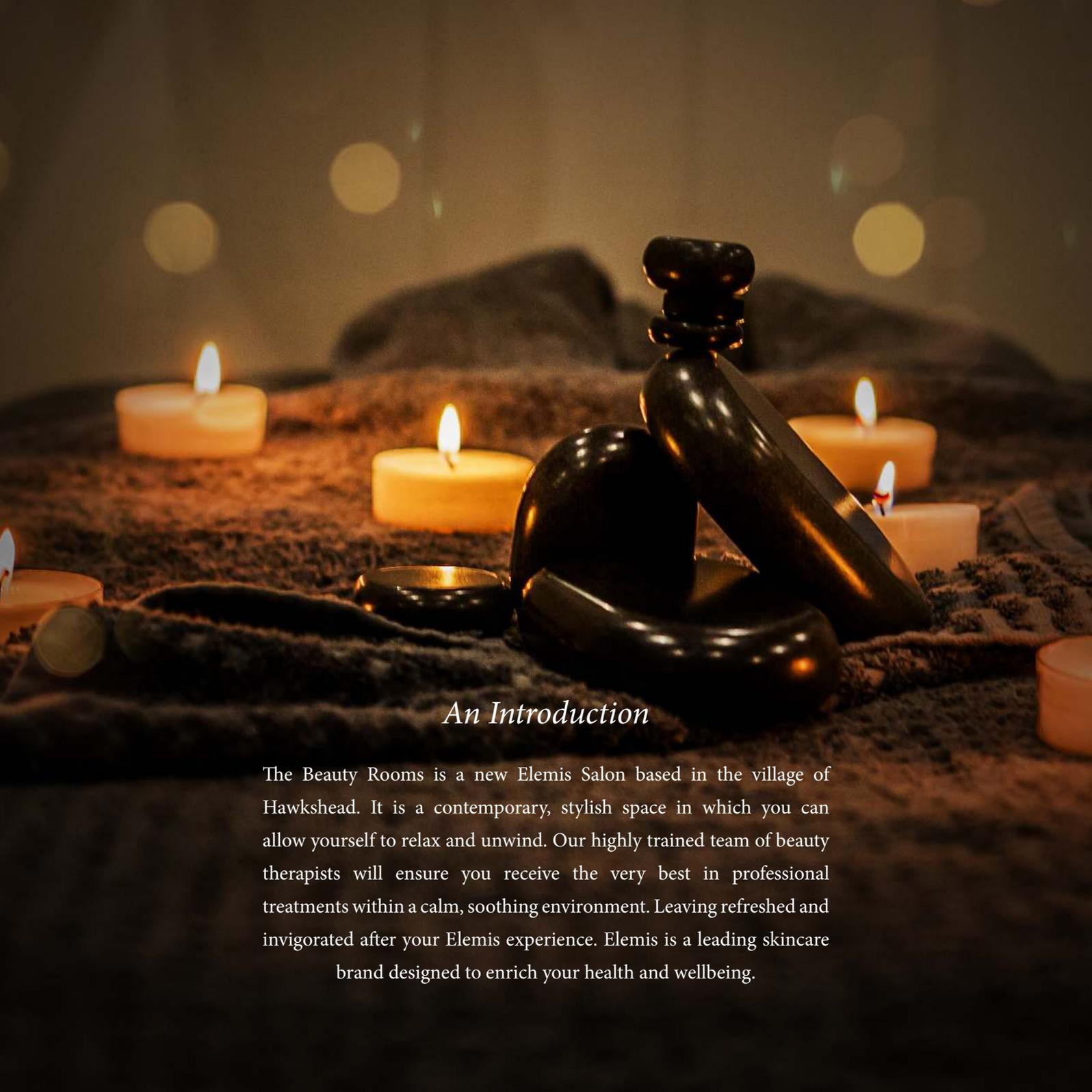




THE  
*Beauty*  
ROOMS



## *An Introduction*

The Beauty Rooms is a new Elemis Salon based in the village of Hawkshead. It is a contemporary, stylish space in which you can allow yourself to relax and unwind. Our highly trained team of beauty therapists will ensure you receive the very best in professional treatments within a calm, soothing environment. Leaving refreshed and invigorated after your Elemis experience. Elemis is a leading skincare brand designed to enrich your health and wellbeing.

## *Manicures & Pedicures*

### *Mini Manicure/Pedicure - £15 00*

Nails are filed and shaped, cuticles are softened and buffed. Nails are polished using your choice of OPI colour.

### *Manicure - £30.00*

The cuticles are softened, nails are filed and shaped, hands are exfoliated and massaged, and a mask is applied to nourish and hydrate the skin. Heated mitts are used to soothe aching joints and improve circulation. Hands are massaged, and nails are polished using your choice of OPI polish. Shellac can be added for £5.

### *Pedicure - £40.00*

The cuticles are softened, nails are filed and shaped, feet are exfoliated, and hard skin is removed, and a mask is applied to nourish and hydrate the skin. Heated boots are used to soothe aching joints and improve circulation. Feet are massaged, and nails are polished using your choice of OPI polish. Shellac can be added for £5.

### *Shellac Overlays - £22.00*

Unlike normal polish which may chip and peel, shellac is a hardwearing power polish, applied as an overlay to your natural nails. Shellac is set under LED lamp, adding strength to your nails and giving a glossy finish lasting 14 days. Choose from a wide range of colours.



## *Makeup*

### *Special Occasion Makeup - £35.00*

### *Bridal Makeup - £45.00*

### *Bridal Makeup including trial - £80.00*

### *Additional Bridal Party per person - £30.00*



## *Eye Treatments*

### *Eyebrow Tint - £8.00*

### *Eyelash Tint - £12.00*

### *Eyebrow Tint and Shape - £12.00*

### *Eyelash Lift and Tint - £30.00*

Please note that it is a legal requirement for a patch test to be carried out at least 24 hours prior to any tinting service.

## *Tanning*

*Full body St Tropez spray tan*

## *Waxing*

*Eyebrow Shape - £8.00*

*Lip and Chin Wax - £10.00*

*Underarm Wax - £10.00*

*½ Leg Wax - £18.00*

*Full Leg Wax - £25.00*

## *Men's Wax*

*Back - £25.00*

*Chest - £20.00*

*Forearm - £12.00*

*Hollywood Wax - £35.00*

*Brazilian Wax - £30.00*

*Bikini Wax - £10.00*

## *Electrolysis*

Permanent hair removal using electrical pulses to eradicate hair at the root.

15 minutes - £17.00 | 30 minutes - £30.00

## *Advanced Electrolysis*

Skin tag removal

Thread veins

Milia removal

Campbell de Morgan



## Facials

### Touch - Anti-Ageing

*Pro-Collagen Age Defy* 25 mins - £35.00 | 55 mins - £60.00

Tackle fine lines and wrinkles with clinically proven\* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished younger looking skin.

*Pro-Definition Lift and Contour* 25 mins - £38.00 | 55 mins - £65.00

Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help and support the extra cellular matrix. Creates a profoundly sculpted, youthful effect.

*Dynamic Resurfacing Precision Peel* 25 mins - £35.00 | 55 mins - £60.00

Clinically proven\* to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger looking skin.

### Touch - Skin Solutions

*Superfood Pro-Radiance* 25 mins - £38.00 | 55 mins - £65.00

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven\* to leave plumper, radiant and lit up with good health.

*Sensitive Skin Soother* 25 mins - £35.00 | 55 mins - £60.00

Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.

*Anti-Blemish Mattify and Calm* 25 mins - £35.00 | 55 mins - £60.00

A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear bright skin.

### Facial Touch - Men

*High Performance Skin Energiser* 25 mins - £35.00 | 55 mins - £60.00

The hard-working facial for ageing dehydrated skin and tired eyes. It maximises cell regeneration, as steam and extraction decongest. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massages deeply relax.



# Body

## Massage

### *Freestyle Deep Tissue Massage*

25 mins - £30.00 | 55 mins - £50.00

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

### *Deeper Than Deep Hot Stone Massage*

25 mins £35.00 | 55 mins £55.00

Balinese stones bathed in the Frangipani Monoï Body Oil are worked deep into the muscles getting into areas of tension. The result is sparkling vitality with the bonus of intensely hydrated skin.

### *Peaceful Pregnancy Treatment*

55 mins - £55.00

Mothers-to-be are restored to optimum wellness as they relax on comfortable pillows to support and mould to every bump. Hydrating oils for skin that is expecting for a growing baby, whilst enjoying an intuitive and relaxing massage.

## Scrubs and Wraps

### *Body Nectar Nourishing Wrap - Frangipani*

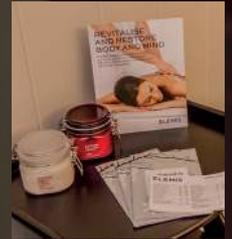
55 mins - £55.00

The velvety texture of the Monoï oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood balancing aromatics and skin conditioning oils do their work.

### *Intensely Cleansing Salt Scrub - Lime and Ginger or Frangipani*

55 mins - £55.00

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing oil.



## Body

### Detox and Cellulite

#### *Thousand Flower Detox Wrap* 55 mins - £58.00

This nutrient-rich detox wrap uses the deeply nourishing Green Tea balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely invigorated.

#### *Targeted Toning Tightener* 85 mins - £65.00

A powerful blend of massage and detoxifying clay for targeted toning and tightening on hips, thighs, abdomen and backs of arms. Clinically proven\* to reduce the appearance of cellulite after just one treatment.

#### *Reflexology* 25 mins - £30.00

An ancient holistic therapy used to relax and detoxify the body. The essential oils used are personally selected to meet each clients needs. Using a range of massage techniques and pressures on the feet, concentrating on specific zones to promote relaxation, health and wellbeing.

#### *Indian Head Massage* 25 mins - £30.00

This extraordinary, relaxing and therapeutic treatment uses both ancient techniques and modern day advances. The essential oils used are personally selected to meet each clients needs, to ease away muscle aches and pains and leaving you feeling refreshed and revitalised.

#### *Foot and Leg Massage* 45 mins - £45.00

This treatment is designed to release muscle tension and help relax and re-energise tired and aching legs. The essential oils used are personally selected to meet each clients needs.





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